

Holy Trinity School

Forming Saints and Scholars



**Gathered Together
in Prayer
2023 - 2024**

Morning Assembly

- Sign of the Cross
- Morning Prayer with Psalm
- Pledge of Allegiance to the Flag
- Pledge to the Cross
- School Pledge
- Saint of the Day
- Announcements & Birthdays
- Dismissal

Pledge to the Cross

I pledge allegiance, to the cross of Christ
and to the church for which it stands,
One, holy, and apostolic Church, with grace and salvation for all.

School Pledge

As a student I pledge to be
An **active Christian** who seeks a relationship with Jesus;
A **responsible citizen** who follows all school and classroom rules;
A **diligent learner** who completes all work on time
and according to directions;
An **effective communicator** who thinks before I write or speak;
A **problem solver** who chooses life-giving
instead of life-blocking solutions.

Virtues of the Month for 2023 - 2024

September – **Charity** – Loving God with all your heart, mind and strength and loving your neighbor as you love yourself.

October – **Friendship** – Sharing a mutual love that seeks the good of the other

November – **Courtesy** – Being thoughtful of others

December – **Purity** – Keeping your soul free from sin

January – **Fortitude** – Being brave and strong in the face of trials

February – **Prudence** – Making good decisions in particular circumstances

March – **Respect** – Recognizing the dignity of all people

April – **Forgiveness** – Pardoning those who offend you

May – **Responsibility** – Being reliable in your duties and accountable for your actions

Celebration of Mass

INTRODUCTORY RITES

Celebrant: In the name of the Father and of the Son and of the Holy Spirit.

All: Amen.

Celebrant: The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit be with you all.

All And with your spirit.

PENITENTIAL RITE *(The Confiteor)*

**All: I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God.**

Celebrant: May almighty God have mercy on us, forgive us our sins and bring us to
everlasting life.

All: Amen

Celebrant: Lord have mercy	All: Lord have mercy
Celebrant: Christ have mercy	All: Christ have mercy
Celebrant: Lord have mercy	All: Lord have mercy

GLORIA

(The Gloria is only said on special feast days and Sundays)

**All: Glory to God in the highest, and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen.**

(On special Masses the Gloria is said or sung in Latin)

All: Gloria in excelsis Deo. Et in terra pax hominibus bonae voluntatis.
Laudamus te. Benedicimus te. Adoramus te. Glorificamus te.
Gratias agimus tibi propter magnam gloriam tuam.
Domine Deus, Rex caelestis, Deus Pater omnipotens.
Domine Fili unigenite, Jesu Christe. Domine Deus, Agnus Dei, Filius Patris.
Qui tollis peccata mundi, miserere nobis.
Qui tollis peccata mundi suscipe deprecationem nostram.
Qui sedes ad dexteram Patris, miserere nobis.
Quoniam tu solus Sanctus. Tu solus Dominus. Tu solus Altissimus,
Jesu Christe. Cum Sancto Spiritu, in gloria Dei Patris. Amen.

OPENING PRAYER

Celebrant: Let us pray...

All: Amen.

LITURGY OF THE WORD (All sit)

Reader: A reading from the book of ...
The Word of the Lord

All: Thanks be to God.

Reader: The response is...

All: Repeat response after reader

All: Sing - Alleluia

Celebrant: The Lord be with you.

All And with your spirit.

Celebrant: A reading from the Holy Gospel according to.....

All: Glory to you O Lord

(Make the sign of the cross on forehead, lips & heart)

Celebrant: The Gospel of the Lord

All: Praise to you Lord, Jesus Christ

Celebrant: Homily

We listen with our hearts and minds as the priest teaches us about the Reading and the Gospel that we have heard.

CREED

(The Creed is only said on special feast days and Sundays)

All: I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (bow head) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

GENERAL INTERCESSIONS:

Reader: ...We pray to the Lord...

All: Lord hear our prayer

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS

Celebrant: Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

All: Blessed be God forever.

Celebrant: Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and human hands have made. It will become our spiritual drink

All: Blessed be God forever.

PRAYER OVER THE GIFTS

Celebrant: Pray, brethren, that our sacrifice may be acceptable to God, the almighty Father.

All: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

(Father will say prayer)

All: Amen

Celebrant: The Lord be with you.

All: And with your spirit

Celebrant: Lift up your hearts

All: We lift them up to the Lord

Celebrant: Let us give thanks to the Lord our God.

All: It is right and just

Celebrant: Let us join the angels and saints proclaiming your glory as we say.

**All: Holy, holy, holy Lord, God of hosts,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

(On special Masses the Sanctus is said or sung in Latin)

**All: Sanctus. Sanctus. Sanctus Dominus Deus Sabaoth.
Pleni sunt caeli et terra Gloria tua. Hosana in excelsis
Benedictus qui venit in nomine Domini. Hosanna in excelsis**

EUCCHARISTIC PRAYER

(The priest uses the words of Jesus and by the power of the Holy Spirit, the bread and wine become the Body and Blood of Jesus Christ)

Celebrant: Let us proclaim the mystery of faith

**All: We proclaim your death O Lord and profess your resurrection
Until you come in Glory.**

In Latin

**All: Mortem tuam annuntiamus, Domine,
et tuam resurrectionem confitemur, donec venias.**

Other Memorial Acclamations:

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Celebrant: Through him, with him, in him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, forever and ever.

All: Amen

COMMUNION RITE

Celebrant: At the Savior's command and formed by divine teaching, we dare to say:

All: Our Father who art in heaven, hallowed by thy name, Thy kingdom come, thy will be done, on earth as it is In heaven. Give us this day our daily bread and forgive us our trespasses and we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Celebrant: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

All: For the Kingdom and the power and the glory are yours, Now and forever. Amen

RITE OF PEACE

Celebrant: Lord Jesus Christ, who said to your Apostles:
Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

All: Amen

Celebrant: The peace of the Lord be with you always.

All: And with your spirit

Celebrant: Let us offer one another a sign of peace

All: (Offer peace to the person on the left, right, front, and behind you).

BREAKING OF BREAD

**All: Lamb of God you take away the sins of the world: Have mercy on us.
Lamb of God you take away the sins of the world: Have Mercy on us.
Lamb of God you take away the sins of the world: Grant us peace.**

In Latin

**All: Agnus Dei, qui tollis peccata mundi: miserere nobis
Agnus Dei, qui tollis peccata mundi: miserere nobis
Agnus Dei, qui tollis peccata mundi: dona nobis pacem**

COMMUNION

Celebrant: Behold the Lamb of God, behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**All: Lord, I am not worthy
that you should enter under my roof
But only say the word and my soul shall be healed.**

PRAYER AFTER COMMUNION

Celebrant: Let us pray...

All: Amen

St. Michael the Archangel...

Hail Mary...

FINAL BLESSING

Celebrant: The Lord be with you.

All: And with your spirit

Celebrant: May almighty God bless you.

In the name of the Father, the Son and the Holy Spirit.

All: Amen

Celebrant: Go forth, the mass has ended

All: Thanks be to God.

Adoration of the Blessed Sacrament (All Kneel)

Adoration Songs:

O Salutaris Hostia, Quae coeli Pandis ostium:
Bella premunt hostilia, Da robur, fer auxilium.
Uni trinoque Domino Sit sempiterna gloria:
Qui vitam sine termino, Nobis donet in patria. Amen.

Tantum ergo Sacramentum veneremur cernui:
Et antiquum documentum novo cedat ritui:
Praestet fides supplementum sensuum defectui.

Genitori, Genitoque laus et iubilatio,
Salus, honor, virtus quoque sit et benedictio:
Procedenti ab utroque compar sit laudatio. Amen.

O Sacrament most holy, O Sacrament divine
All praise and all thanksgiving be every moment thine.
(Repeat 2 more times)

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Eucharist.

Blessed be the Holy Spirit, the Paraclete

Blessed be the Mother of God, Mary most holy.

Blessed be her holy and immaculate conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

Our Father

Our Father who art in heaven, hallowed be thy name.
Thy kingdom come, Thy will be done on earth as it is in Heaven.
Give us this day our daily bread And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil. AMEN.

Doxology

Glory be to the Father and to the Son and to the Holy Spirit
As it was in the beginning, is now, and ever shall be, world without end. AMEN.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, Pray for us sinners now and at the hour of our death.
AMEN.

Guardian Angel Prayer

Angel of God, my guardian dear to whom God's love entrusts me here
Ever this day, be at my side to light and guard, to rule and guide. AMEN.

Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer you my prayers, works, joys, and sufferings of this day
in union with the Holy Sacrifice of the Mass throughout the world.
I offer them for all the intentions of your Sacred Heart, the salvation of souls,
the reparation of sins, and the reunion of all Christians.
I offer them for the intentions of our Bishops and all the apostles of prayer,
And in particular for those recommended by our Holy Father this month. AMEN.

Grace Before Meals

Bless us, O Lord, and these, thy gifts, which we are about to receive,
from thy bounty, through Christ our Lord. AMEN.

Grace After Meals

We give Thee thanks for all thy gifts, Almighty God, living and reigning now and forever.
AMEN.

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good I have sinned against you
whom I should love above all things. I firmly intend, with your help, to do penance, to sin no
more, and to avoid whatever leads me to sin. AMEN.

Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Spirit,
Born of the Virgin Mary, suffered under Pontius Pilate,
He was crucified died and was buried. He descended to the dead.
On the third day, he rose again. He is seated at the right hand of the Father
And from thence He will come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body and life everlasting. AMEN.

Act of Faith

My God I firmly believe that you are one God in three Divine Persons,
Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our
sins and that He will come to judge the living and the dead.
I believe these and all the truths the Holy Catholic Church teaches because you have
revealed them, who cannot deceive nor be deceived. AMEN.

Act of Hope

My God, relying on your almighty power and infinite mercy and promises,
I hope to obtain the pardon of my sins, the assistance of your grace,
and life everlasting through the merits of Jesus Christ, my Lord and Redeemer. AMEN.

Act of Love

My God, I love you above all things with my whole heart and soul because you are all good
and worthy of all love. I love my neighbor as myself for the love of you.
I forgive all who have inured me and ask pardon of all whom I have injured. AMEN.

Holy Spirit Prayer

Breathe in me, O Holy Spirit that my thoughts may all be holy.
Act in me, O Holy Spirit that my work, too, may be holy.
Draw my heart, O Holy Spirit, that I love what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, O Holy Spirit, that I always may be holy. AMEN.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them, the fire of your love.
Send forth your Spirit and we shall be created and you shall renew the face of the earth.
Lord, by the light of the Holy Spirit You have taught the hearts of your faithful.
In the same spirit, help us to relish what is right and always rejoice in your consolation.
We ask this through Christ, Our Lord. AMEN.

The Angelus

The angel of the Lord declared unto Mary
And she conceived of the Holy Spirit. Hail Mary...
Behold, I am the handmaid of the Lord
Let it be done to me according to your word. Hail Mary...
And the Word became flesh
And dwelt among us Hail Mary...
Pray for us, O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Lord, fill our hearts with your grace: once through the message of an angel you revealed to us the incarnation of your Son; now through his suffering and death lead us to the glory of his resurrection. We ask this through Christ our Lord. AMEN.

Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope
to Thee do we cry, poor banished children of Eve.
To Thee do we send up our sighs, mourning and weeping in this valley of tears.
Turn then, most gracious advocate, thine eyes of mercy toward us.
And after this, our exile, show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.
Pray for us O Holy Mother of God,
that we may be made worthy of the promises of Christ. AMEN.

Memorare

Remember, O Most Gracious Virgin Mary that never was it known
that anyone who fled to your protection, implored your help, or sought your intercession
was ever left unaided. Inspired by this confidence, I fly unto you
O virgin of Virgins, my mother. To you I come, before you I stand, sinful and sorrowful.
O mother of the Word Incarnate, despise not my petitions,
But in your mercy hear and answer me. AMEN.

Magnificat

My soul magnifies the Lord, and my spirit rejoices in God my Savior.
For He has regarded the low estate of his handmaiden.
For behold, henceforth all generations shall call me blessed.
He who is mighty has done great things for me, and holy is His name.
His mercy is on those who fear Him from generation to generation.
He has shown strength with His arm:
He has scattered the proud in the imagination of their hearts.
He has put down the mighty from their thrones, and exalted the humble.
He has filled the hungry with good things; and the rich He has sent empty away.
He has helped His servant Israel, in remembrance of His mercy;
As He spoke to our fathers, to Abraham and to his posterity forever. AMEN.

Anima Christi

Soul of Christ, sanctify me; Body of Christ, save me
Blood of Christ, fill all my veins; Water of Christ's side, wash out my stains
Passion of Christ, my comfort be O Good Jesus, listen to me
In thy wounds, let me hide never to be parted from thy side
Guard me, should the foe assail me; Call me when my life shall fail me
Bid me come to thee above with thy saints to sing thy love.
World without end. AMEN.

Prayer to St. Michael the Archangel

St. Michael, the Archangel, defend us in battle; be our protection
against the wickedness and snares of the devil.
May God rebuke him, we humbly pray; and do thou O Prince of the Heavenly Host,
by the Power of God, cast into hell Satan and all the evil spirits
who prowl about the world seeking the ruin of souls. AMEN.

Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
And where there is sadness, joy.
O Divine Master, grant that I may not so much seek to be consoled, as to console;
to be understood, as to understand;
to be loved, as to love.
For it is in giving that we receive.
It is in pardoning that we are pardoned.
And it is in dying that we are born to eternal life.

Prayer of St. Patrick

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me,
Christ above me, Christ on my right, Christ on my left,
Christ in breadth, Christ in length, Christ in height,
Christ in the mouth of everyone who speaks to me
Christ in the heart of everyone who thinks of me
Christ in every eye that sees me; Christ in every ear that hears me
I arise today through a mighty strength, the invocation of the Trinity
Through belief in the threeness; Through confession of the oneness
Of the creator of creation. AMEN.

Prayer of St. Ignatius Loyola

Take, O Lord, and receive all my liberty, my memory,
my understanding, my will, and all that I have and possess.
You have given all of these to me; to you I restore them.
All are yours. Dispose of them all according to your will.
Give me your love and your grace.
Having but these, I am rich enough and ask for nothing more. AMEN.

Prayer for Finding My Vocation in Life

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor, do I really even know myself. And the fact that I think I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does, in fact, please you. I hope that I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this, you will lead me by the right road, though I may know nothing about it. Therefore, I will trust you always, though I may seem to be lost and in the shadow of death I will not fear, for you are ever with me, and you will never leave me to face my perils alone. Amen.

Prayer for Religious Vocations

Father, in every generation you provide ministers of Christ and the Church. We come before you now, asking that you call forth more men to serve our Archdiocese in the ministerial Priesthood. Give us priests who will lead and guide your holy people gathered by Word and Sacrament. Bless us with priestly vocations so that we can continue to be a truly eucharistic Church, strengthened in our discipleship of Jesus Christ, your only Son. Raise up, we pray, men who are generous in their service, willing to offer their lives and all their gifts for your greater glory and for the good of your people. We make our prayer in the presence and power of the Holy Spirit, through Christ, Our Lord. Amen

3 O'Clock Divine Mercy Prayer

You expired, O Jesus, but the source of life gushed forth for souls
and an ocean of mercy opened up for the whole world.
O Fount of Life, unfathomable Divine Mercy, envelop the whole world
and empty Yourself out upon us.
O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us,
I trust in You. Amen.

Virtues

- **Faith** – Believing in God and all He has revealed
- **Reverence** – Showing your deepest respect for things of God
- **Stewardship** – Returning to God the first fruits of your time, talent, and treasure
- **Generosity** – Giving without counting the cost
- **Gratitude** – Seeing everything as a gift and being thankful
- **Honesty** – Being trustworthy and true
- **Mercy** – Caring for those who suffer
- **Justice** – Being fair and giving each his due
- **Zeal** – Being driven by an intense love for God
- **Hope** – Trusting in God's loving plan
- **Studiosness** – Seeking knowledge to grow closer to Truth
- **Humility** – Accepting your limitations and God-given talents
- **Patience** – Waiting or enduring without complaint
- **Fidelity** – Being faithful to promises and commitments
- **Cheerfulness** – Looking on the bright side
- **Temperance** – Enjoying things in a proper, balanced way
- **Obedience** – Saying “yes” to the loving will of God and those He has set over us
- **Diligence** – Doing your best and working hard until you finish
- **Charity** - Loving God with all your heart, mind, & strength and loving neighbor as yourself.
- **Friendship** – Sharing mutual love that seeks the good of the other
- **Courtesy** – Being thoughtful of others
- **Purity** – Keeping your soul free of sin
- **Fortitude** – Being brave and strong in the face of trials
- **Prudence** – Making good decisions in specific circumstances
- **Respect** – Recognizing the dignity of all people
- **Forgiveness** – Pardoning those who offend you
- **Responsibility** – Being reliable in your duties and accountable for your actions

The Ten Commandments

1. I am the Lord your God, you shall have no other gods besides me
2. You shall not take the name of God in vain
3. Keep holy the sabbath day
4. Honor your father and mother
5. You shall not kill
6. You shall not commit adultery
7. You shall not steal
8. You shall not bear false witness against your neighbor
9. You shall not covet your neighbor's spouse
10. You shall not covet anything that belongs to your neighbor

Law of Love (The Golden Rule)

You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. You shall love your neighbor as you love yourself.

The Stations of the Cross

1. Jesus is condemned to death
2. Jesus takes up his cross
3. Jesus falls the first time
4. Jesus meets his mother
5. Simon helps Jesus carry his cross
6. Veronica wipes Jesus' face
7. Jesus falls the second time
8. Jesus meets the weeping women
9. Jesus falls the third time
10. Jesus is stripped
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is placed in the tomb

We adore you O Christ and we praise you

Because by your Holy Cross you have redeemed the world

Corporal Works of Mercy

Feed the hungry
Give drink to the thirsty
Clothe the naked
Visit the sick
Shelter the homeless
Visit the imprisoned
Bury the dead

Spiritual Works of Mercy

Warn the sinner
Instruct the ignorant
Counsel the doubtful
Comfort the suffering
Bear wrongs patiently
Forgive all injuries
Pray for the living and the dead

7 Gifts of the Holy Spirit

Wisdom	Counsel	Understanding	Fortitude
Knowledge	Piety	Fear of the Lord	

12 Fruits of the Holy Spirit

Love	Joy	Peace	Patience	Kindness
Goodness	Generosity	Gentleness	Faithfulness	Modesty
Self-Control	Chastity			

Precepts of the Catholic Church

1. Attend Mass on Sundays and on holy days of obligation, and rest from servile labor.
2. Confess your sins at least once a year.
3. Receive the sacrament of the Eucharist at least during the Easter season.
4. Observe the days of fasting and abstinence established by the Church.
5. Help provide for the needs of the Church.
6. Observe the Church's laws on marriage.

Liturgical Seasons

Advent Christmas Ordinary Time Lent Triduum Easter Ordinary Time

Holy Days of Obligation

Jan. 1 – Solemnity of Mary
Nov. 1 – All Saints Day
Dec. 25 - Christmas

Aug. 15 – Assumption of Mary into Heaven
Dec. 8 - Immaculate Conception

The Sacrament of Reconciliation

Prayer before beginning

O my savior Jesus! I come to confess my sins and to beg your forgiveness in the holy sacrament of penance. Help me to remember my sins and to confess them carefully. O Mary, my heavenly mother, pray for me that I may make a good confession! My dear guardian angel, help me to recall every sin since my last worthy confession. AMEN.

Examination of conscience:

- * How long has it been since my last good confession?

1st Commandment

- * Have I refused to believe anything which the holy Catholic church teaches?
- * Have I failed to learn my religion: the Apostles Creed? The Ten Commandments? The seven sacraments? My prayers?
- * Have I failed to study my religion as I should?

2nd Commandment

- * Have I taken the holy name of God in vain?
- * Have I spoken disrespectfully of priest? Or holy things?
- * Have I used other bad language?

3rd Commandment

- * Have I missed mass on Sunday through my own fault?
- * Have I misbehaved in church?
- * Have I paid no attention to my prayers?

4th Commandment

- * Have I been disobedient or disrespectful to my parents or teachers?
- * Have I tried to provoke them?

5th Commandment

- * Have I had any fights: or quarrels?
- * Have I made fun of anybody or called them names?
- * Have I picked on anyone or tried to provoke them?

6th Commandment

- * Have I done anything impure?

7th Commandment

- * Have I stolen anything?
- * Have I harmed anyone's property?
- * Have I cheated anyone?
- * Have I helped others to commit sin in any way?

8th Commandment

- * Have I lied about anyone?
- * Have I told other lies?
- * Have I talked behind other people's back?
- * Have I kept bad company?

9th Commandment

- * Have I purposely thought of impure things?

10th Commandment

- * Have I desired to have for myself what belongs to another?

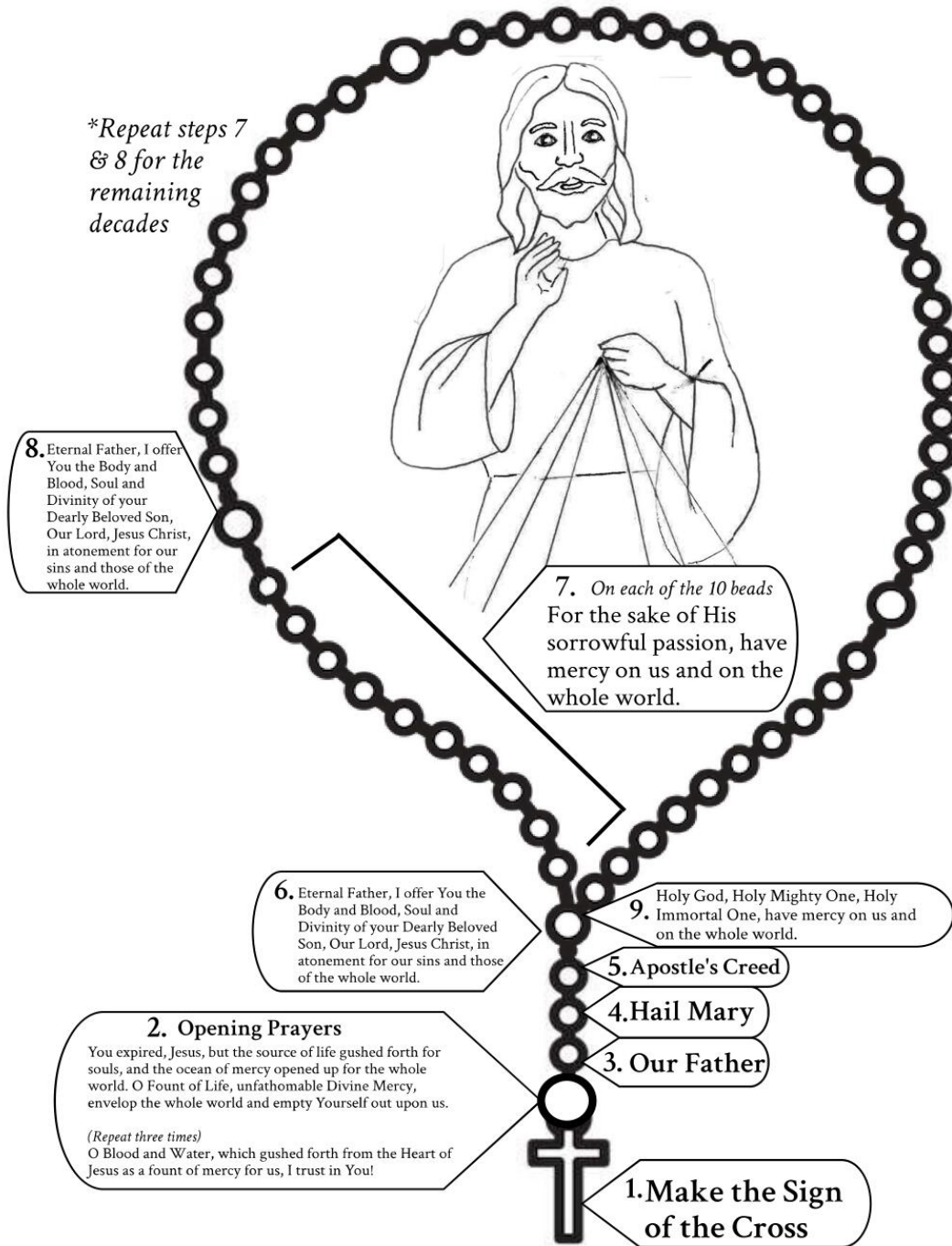
Capital sins

- * Have I been guilty of boasting or bragging?
- * Have I stuffed myself when eating?
- * Have I used any alcohol or drugs?
- * Have I failed to study or do my work?
- * Are there any other sins I may need to confess?

How to go to Confession

- Make the Sign of the Cross
- “Bless me Father for I have sinned. It has been _____ months since my last confession.”
- Tell the priest your sins
- “For these and for all my sins, I am sorry”
- Receive a penance
- Say the Act of Contrition –
My God, I am sorry for my sins with all my heart
In choosing to do wrong and failing to do good
I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more,
And to avoid whatever leads me to sin.
Amen.
- Make the Sign of the Cross.
- “Thank you, Father.”
- Leave – and don’t forget to do your penance!

The Chaplet of Divine Mercy



The Rosary

Joyful Mysteries (Monday and Saturday)

1. The Annunciation
2. Mary visits Elizabeth
3. The birth of Jesus
4. The presentation of Jesus
5. Jesus found in the Temple

Luminous Mysteries (Thursday)

1. The baptism of Jesus
2. The wedding feast at Cana
3. Jesus proclaims the Kingdom
4. The transfiguration of Jesus
5. The Last Supper

Sorrowful Mysteries (Tuesday & Friday)

1. The agony in the Garden
2. Jesus is scourged at the pillar
3. Jesus is crowned with thorns
4. Jesus carries the cross
5. The crucifixion of Jesus

Glorious Mysteries (Sunday & Wednesday)

1. The resurrection of Jesus
2. Jesus ascends to heaven
3. The coming of the Holy Spirit
4. The assumption of Mary
5. The coronation of Mary

Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Spirit,
Born of the Virgin Mary, suffered under Pontius Pilate,
He was crucified died and was buried. He descended to the dead.
On the third day, he rose again. He is seated at the right hand of the Father from thence
He will come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the
forgiveness of sins, the resurrection of the body and life everlasting. AMEN.

Fatima Prayer

O My Jesus, forgive us our sins, save us from the fires of hell
Lead all souls into heaven, especially those in most need of thy mercy. AMEN.

Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope
to Thee do we cry, poor banished children of Eve.
To Thee do we send up our sighs, mourning and weeping in this valley of tears.
Turn then, most gracious advocate, thine eyes of mercy toward us.
And after this, our exile, show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God,
that we may be made worthy of the promises of Christ. AMEN.

O God, whose only-begotten Son, by His life, death and Resurrection, has purchased for
us the rewards of eternal salvation; grant, we beseech thee, that while meditating upon
these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what
they contain and obtain what they promise, through the same Christ, our Lord. Amen.

REPRODUCIBLE PSALMS
ORDINARY TIME, AUTUMN



ORDINARY TIME, AUTUMN

Psalm for Sunday, August 20—Friday, September 29

Psalm 66:1–3a, 5, 8, 16–17

LEADER: Make a joyful noise to God, all the earth.

ALL: **Make a joyful noise to God, all the earth.**

LEADER: Make a joyful noise to God, all the earth;
sing the glory of his name;
give to him glorious praise.
Say to God, “How awesome are
your deeds!”

ALL: **Make a joyful noise to God, all the earth.**

Short version: use above only; long version: use above and below.

SIDE A: Come and see what God has done:
he is awesome in his deeds
among mortals.
Bless our God, O peoples,
let the sound of his praise be heard.

SIDE B: Come and hear, all you who fear God,
and I will tell what
he has done for me.
I cried aloud to him,
and he was extolled with my tongue.

ALL: **Make a joyful noise to God, all the earth.**

ORDINARY TIME, AUTUMN

Psalm for Sunday, October 1—Friday, October 27

Psalm 145:2–3, 4–5, 10–11

LEADER: I will praise your name for ever, LORD.

ALL: **I will praise your name for ever, LORD.**

LEADER: Every day I will bless you,
and praise your name forever and ever.
Great is the LORD, and greatly
to be praised;
his greatness is unsearchable.

ALL: **I will praise your name for ever, LORD.**

Short version: use above only; long version: use above and below.

SIDE A: One generation shall laud your works
to another, and shall declare your
mighty acts.
On the glorious splendor of your majesty,
and on your wondrous works,
I will meditate.

SIDE B: All your works shall give thanks to you,
O LORD, and all your faithful shall
bless you.
They shall speak of the glory of your
kingdom, and tell of your power.

ALL: **I will praise your name for ever, LORD.**

REPRODUCIBLE PSALMS

ORDINARY TIME, AUTUMN; ADVENT



ORDINARY TIME, AUTUMN

Psalm for Sunday, November 5—Friday, December 1

Psalm 98 1, 2–3, 3–4

LEADER: The LORD has made known his victory.

ALL: The LORD has made known his victory.

LEADER: O sing to the LORD a new song,
for he has done marvelous things.
His right hand and his holy arm
have gotten him victory.

ALL: The LORD has made known his victory.

Short version: use above only; long version: use above and below.

SIDE A: The LORD has made known his victory;
he has revealed his vindication in the
sight of the nations.
He has remembered his steadfast love
and faithfulness to the house of Israel.

SIDE B: All the ends of the earth have seen the
victory of our God.
Make a joyful noise to the LORD,
all the earth;
break forth into joyous song and
sing praises.

ALL: The LORD has made known his victory.

ADVENT

Psalm for Sunday, December 3—Sunday, December 24

Psalm 85 4a, 8, 10–11, 12–13

LEADER: Restore us again,
O God of our salvation!

ALL: Restore us again,
O God of our salvation!

LEADER: Let me hear what God the LORD
will speak,
for he will speak peace to his people,
to his faithful, to those who turn to
him in their hearts.

ALL: Restore us again,
O God of our salvation!

Short version: use above only; long version: use above and below.

SIDE A: Steadfast love and faithfulness will meet;
righteousness and peace will kiss
each other.
Faithfulness will spring up from
the ground,
and righteousness will look down
from the sky.

SIDE B: The LORD will give what is good,
and our land will yield its increase.
Righteousness will go before him
and will make a path for his steps.

ALL: Restore us again,
O God of our salvation!

REPRODUCIBLE PSALMS
CHRISTMAS TIME; ORDINARY TIME, WINTER



CHRISTMAS TIME

Psalm for Monday, January 1—Sunday, January 7

Psalm 96:1–2a, 2b–3, 5b–6, 11a

LEADER: Let the heavens be glad and the
earth rejoice!

ALL: Let the heavens be glad and the
earth rejoice!

LEADER: O sing to the LORD a new song;
sing to the LORD, all the earth.
Sing to the LORD; bless his name.

ALL: Let the heavens be glad and the
earth rejoice!

Short version: use above only; long version: use above and below.

SIDE A: Tell of his salvation from day to day.
Declare his glory among the nations,
his marvelous works among all
the peoples.

SIDE B: The LORD made the heavens.
Honor and majesty are before him;
strength and beauty are in his sanctuary.

ALL: Let the heavens be glad and the
earth rejoice!

ORDINARY TIME, WINTER

Psalm for Monday, January 8—Tuesday, February 13

Psalm 23:1–3a, 3b–4, 5, 6

LEADER: I shall dwell in the house of the LORD my
whole life long.

ALL: I shall dwell in the house of the LORD my
whole life long.

LEADER: The LORD is my shepherd,
I shall not want.
He makes me lie down in
green pastures;
he leads me beside still waters;
he restores my soul.

ALL: I shall dwell in the house of the LORD my
whole life long.

Short version: use above only; long version: use above and below.

SIDE A: He leads me in right paths
for his name's sake.
Even though I walk through the
darkest valley,
I fear no evil, for you are with me;
your rod and your staff,
they comfort me.

SIDE B: You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

ALL: I shall dwell in the house of the LORD my
whole life long.

REPRODUCIBLE PSALMS

LENT; EASTER TIME



LENT

Psalm for Wednesday, February 14—Wednesday, March 27

Psalm 34:4–5, 6–7, 16–17, 18–19

LEADER: The LORD saves the crushed in spirit.

ALL: **The LORD saves the crushed in spirit.**

LEADER: I sought the LORD, and he answered me
and delivered me from all my fears.
Look to him, and be radiant,
so your faces shall never be ashamed.

ALL: **The LORD saves the crushed in spirit.**

Short version: use above only; long version: use above and below.

SIDE A: This poor soul cried and was heard by
the LORD
and was saved from every trouble.
The angel of the LORD encamps
around those who fear him and
delivers them.

SIDE B: The face of the LORD is against evildoers,
to cut off the remembrance of them
from the earth.
When the righteous cry for help
the LORD hears
and rescues them from all
their troubles.

ALL: **The LORD saves the crushed in spirit.**

LEADER: The LORD is near to the brokenhearted,
and saves the crushed in spirit.
Many are the afflictions of the righteous,
but the LORD rescues them from
them all.

ALL: **The LORD saves the crushed in spirit.**

EASTER TIME

Psalm for Sunday, March 31—Friday, April 26

Psalm 105:1–2, 3–4, 6–7

LEADER: Let the hearts of those who seek the
LORD rejoice.

ALL: **Let the hearts of those who seek the
LORD rejoice.**

LEADER: O give thanks to the LORD; call on
his name;
make known his deeds among
the peoples.
Sing to him, sing praises to him;
tell of all his wonderful works.

ALL: **Let the hearts of those who seek
the LORD rejoice.**

Short version: use above only; long version: use above and below.

SIDE A: Glory in his holy name;
let the hearts of those who seek the
LORD rejoice.

Seek the LORD and his strength;
seek his presence continually.

SIDE B: O offspring of his servant Abraham,
children of Jacob, his chosen ones.
He is the LORD our God;
his judgments are in all the earth.

ALL: **Let the hearts of those who seek
the LORD rejoice.**

REPRODUCIBLE PSALMS
EASTER TIME; ORDINARY TIME, SUMMER



EASTER TIME

Psalm for Sunday, April 28—Friday, May 24

Psalm 118: 1–2, 4, 22–24, 25–27a

LEADER: The stone that the builders rejected
has become the chief cornerstone.

ALL: The stone that the builders rejected
has become the chief cornerstone.

LEADER: O give thanks to the LORD, for he is good;
his steadfast love endures forever!

Let Israel say,
“His steadfast love endures forever.”
Let those who fear the LORD say,
“His steadfast love endures forever.”

ALL: The stone that the builders rejected
has become the chief cornerstone.

Short version: use above only; long version: use above and below.

SIDE A: The stone that the builders rejected
has become the chief cornerstone.
This is the LORD’s doing;
it is marvelous in our eyes.
This is the day that the LORD has made;
let us rejoice and be glad in it.

SIDE B: Save us, we beseech you, O LORD!
O LORD, we beseech you,
give us success!
Blessed is the one who comes in the name
of the LORD.
We bless you from the house
of the LORD.
The LORD is God,
and he has given us light.

ALL: The stone that the builders rejected
has become the chief cornerstone.

ORDINARY TIME, SUMMER

Psalm for Sunday, May 26—Friday, June 28

Psalm 85: 8–9, 10–11, 12–13

LEADER: The LORD speaks of peace to his people.

ALL: The LORD speaks of peace to his people.

LEADER: Let me hear what God the LORD
will speak,
for he will speak peace to his people,
to his faithful, to those who turn to
him in their hearts.

Surely his salvation is at hand for those
who fear him,
that his glory may dwell in our land.

ALL: The LORD speaks of peace to his people.

Short version: use above only; long version: use above and below.

SIDE A: Steadfast love and faithfulness will meet;
righteousness and peace will kiss
each other.
Faithfulness will spring up from
the ground,
and righteousness will look down
from the sky.

SIDE B: The LORD will give what is good,
and our land will yield its increase.
Righteousness will go before him
and will make a path for his steps.

ALL: The LORD speaks of peace to his people.